

LGBTQIA+ Resource List



Emergency Resources:

Cocoon House: <http://www.cocoonhouse.org/> (Phone: 425-259-5802)

-Cocoon House provides emergency housing and support services for youth experiencing homelessness or unsafe situations.

National Suicide Prevention Lifeline: <https://suicidepreventionlifeline.org/>

-Call or chat, 24/7 for help: 1-800-273-8255

-We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Trans Lifeline: <https://translifeline.org/> (Hotline: 877-565-8860)

-Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis—for the trans community, by the trans community.

Trevor Project: <https://www.thetrevorproject.org/> (24/7 hotline: 1-866-488-7386)

-Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25. Chat, text, or call for help, 24/7.

Washington State & Nationwide:

Campus Pride: <https://www.campuspride.org/>

-A national nonprofit that works to create a safer college environment for LGBTQ students.

Friends of Youth: <https://friendsofyouth.org/default.aspx>

-Explore a wide network of resources including emergency shelter, counseling, and other services.

Gender Diversity—Education & Support Services: <http://www.genderdiversity.org/>

-Provides training, support programs, and conferences designed to help others understand, grow with and support gender-diverse children.

Gay and Lesbian Alliance Against Defamation (GLAAD): <https://www.glaad.org/?pid=183>

-Advocacy organization that seeks to advance the rights and narratives of the LGBTQIA+ community.

GLSEN (Gay Lesbian Straight Education Network): <https://www.glsen.org/chapter/washington-state>

GLSEN (Washington State Chapter): <https://www.glsen.org/chapter/washington-state>

-National organization that works to provide safe schools for all students.

Human Rights Campaign (HRC): <https://www.hrc.org/>

-Find the latest news of LGBTQ+ activism and updates. The HRC represents a force of more than 3 million members and supporters nationwide. As the largest national lesbian, gay, bisexual, transgender and queer civil rights organization.

Lambda Legal: <https://www.lambdalegal.org/>

-Nonprofit organization committed to achieving full recognition of the civil rights of lesbians, gay men, transgender people, and everyone living with HIV through impact litigation, education, and public policy work.

Lifelong: <https://www.lifelong.org/>

-Lifelong provides an array of services such as free, confidential HIV testing, free condoms, PrEP navigation, and other services concerning sexual health. They have multiple locations in King, Whatcom, and Snohomish Counties. List of locations and contact information: <https://www.lifelong.org/contact-us-1>

Pride Foundation (Seattle): <https://pridefoundation.org/>

-Learn about local events, find information on grants and scholarships, and learn how to get involved in your community.

Teen Link: <https://www.teenlink.org/> and <https://www.teenlink.org/resources/>

-A help line for teens, by teens. Receive support via live chat or phone call, and access a wide array of resources for a number of issues.

Trans Student Educational Resources (TSER): <https://transstudent.org/>

-TSER is a youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment.

Trans Lifeline: <https://translifeline.org/> (Hotline: 877-565-8860)

-Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis—for the trans community, by the trans community.

Washington Gender Alliance: <http://www.washingtongenderalliance.com/>

-Our goal is to help people who are transgender, gender variant or whose lives may be directly or indirectly involved with a transgender or gender variant person. We do this primarily by conducting community-oriented, peer-facilitated, open support groups.

Island County:

The HUB After School: <http://www.thehubafterschool.org/> (360) 221-0969

-The HUB is an after-school drop-in program offering social and recreational activities for middle and high school youth in a safe, supportive setting. Young people have access to games, art activities, workshops and adult mentors.

PFLAG Whidbey Island: <https://www.facebook.com/WhidbeyPflag> 360-331-1950

<https://pflag.org/chapter/pflag-whidbey-island>

-PFLAG Whidbey provides resources and support for the local community on Whidbey Island.

Whidbey Giving Circle: <https://pridefoundation.org/2018/01/whidbey-giving-circle/>

-The Whidbey Giving Circle (WGC), a fund of Pride Foundation, invests in organizations that support the lesbian, gay, bisexual, transgender, and queer (LGBTQ) community on Whidbey Island.

King County & Seattle:

Gay City: <https://www.gaycity.org/>

-We provide a space for our LGBTQ people to grow, thrive, and be themselves. Gay City's Wellness Center, our LGBTQ Resource & Referral Program, our Gay City Volunteer Crew, and Gay City Arts all provide multiple ways for our community to gather, connect, find voice and serve. For resources and referrals:

<https://www.gaycity.org/resources/>

Greater Seattle Business Association: <https://www.thegsba.org/>

-LGBTQ+ and allied chamber of commerce groups that connect businesses and nonprofit companies.

Ingersoll Gender Center: <https://ingersollgendercenter.org/>

-Ingersoll Gender Center is an organization by, and for transgender and gender nonconforming people that provides mutual support through peer led support groups, advocacy in navigating resources, community organizing, and education — all in the pursuit of our collective self-determination.

King County Library System: <https://kcls.org/>

-Discover resources and events in your community. Have a question? You can also ask a librarian for assistance.

Lambert House: <http://www.lamberthouse.org/>

-Lambert House is open to lesbian, gay, bisexual, transgender, and questioning youth ages 11-22 for drop-in Monday through Friday from 4-9:30pm. Also, Lambert house offers events, mentoring, and support groups for youth.

Lifelong (Seattle/Bellevue): <https://www.lifelong.org/> (email: Prevention@lifelong.org)

-Lifelong provides an array of services such as free, confidential HIV testing, free condoms, PrEP navigation, and other services concerning sexual health. They have multiple locations in King, Whatcom, and Snohomish Counties. List of locations and contact information: <https://www.lifelong.org/contact-us-1>

NOOR—Seattle’s Queer Muslim Collective: <https://www.saaramajid.com/noor>

-LGBTQI meeting space for those that identify as Muslim.

PFLAG Seattle: <https://www.pflagseattle.org/>

-Learn about the LGBTQ+ community, and check out offerings for support groups, events, and more.

Seattle Public Library: <https://www.spl.org/>

-Discover resources and events in your community. Have a question? You can also ask a librarian for assistance.

Seattle Pride: <https://www.seattlepride.org/>

-Learn about upcoming pride events in your community.

Travel Out Seattle: <http://www.traveloutseattle.com/>

-A collection of LGBTQ and ally-owned businesses in the Seattle area.

Queer & Trans Music Project: <https://qtyp.org/>

-Offers leadership, music, and music camp programs for LGBTQ+ youth, ages 13—20.

Skagit County:

Central Skagit Library System: <http://centralskagitlibrary.org/index.html>

-Discover resources and events in your community. Have a question? You can also ask a librarian for assistance.

PFLAG Skagit/Stanwood: <https://www.pflagskagit.org/> (360-255-3408)

-The Skagit County chapter of PFLAG hosts monthly support meetings and other events for members of the GLBT community and allies. They also provide a number of resources for youth and families.

Queer Youth Project (Northwest Youth Services): <https://www.nwys.org/lgbtq-support> (Skagit Office: 360-336-1988)

The Queer Youth Project (QYP) serves lesbian, gay, bisexual, transgender, and queer or questioning (LGBTQ) youth by offering: Family counseling (if desired), Connections to LGBTQ-friendly service providers in the community, Fun social activities, and Trans-Fashion Treasury. Emergency Housing Resources are also available: Minors: 360-393-0116; Young Adults: 360-734-9862.

Snohomish County:

Dawson Place Child Advocacy Center: <https://www.dawsonplace.org/>

Dawson Place Child Advocacy Center is a single location that provides ALL the core services needed by child victims of physical or sexual abuse so that families only have to go to one place to receive everything they need to be safe, to seek justice, and to heal.

Edmonds Neighborhood Action Coalition (ENAC): <https://edmondsnac.net/>

-Community of neighbors, friends, and allies who offer a selection of community programs for the LGBTQ+ community and allies.

Everett Public Library: <https://epls.org/>

-Discover resources and events in your community. Have a question? You can also ask a librarian for assistance.

Friends of Youth: <https://friendsofyouth.org/> (General Shelter Outreach Line: 425-298-4846); 24-Hour contact lines: Ages 7—17: 206-236 KIDS (5437); Ages 18—24 425-449-3868)

-Short- and long-term shelter options for youth and young adults, primarily in Everett and Bothell. Also, find services for drug/alcohol problems, parenting, and other issues. More information on shelters can be found here: <https://friendsofyouth.org/getHelpShelter.aspx>

GLOBE (GLBTQ Loving Ourselves. Becoming Empowered): <https://www.globeyouth.com/index.php>

-Get involved and meet other GLBTQ youth at weekly support meetings in Everett.

Lifelong (Everett): <https://www.lifelong.org/> (Phone: 425-219-4814) (email: Prevention@lifelong.org)

-Lifelong provides an array of services such as free, confidential HIV testing, free condoms, PrEP navigation, and other services concerning sexual health. They have multiple locations in King, Whatcom, and Snohomish Counties. List of locations and contact information: <https://www.lifelong.org/contact-us-1>

PFLAG Everett: <https://www.pflageverett.org/>

-The Everett chapter of PFLAG hosts monthly support meetings for members of the GLBT community and allies. They also provide a number of resources for youth and families.

Sno-Isle Libraries: <https://www.sno-isle.org/>

-Discover resources and programs in your community. All Sno-Isle Libraries are Safe Spaces. Have questions? Contact us by phone, text, chat, or email to help from Library professionals: <https://askus.sno-isle.org/>

Triangle Alliance (Everett Community College): <https://www.everettcc.edu/calendar/2018/09/triangle-alliance-club-meeting>

If you identify within the LGBTQIA+ communities, Triangle Alliance is the club for you! Come join us and find out about upcoming activities and events.

Queer Action Team: <https://www.edcc.edu/equityandinclusion/queer-action-team.html> (425-640-1174)

The Queer Action Team (QAT) is an Action Team of the Diversity Equity and Inclusion Council (DEIC). Our mission is to promote a culture and climate of acceptance that celebrates our LGBTQ+ community through collaboration, advocacy and action. The Queer Action Team meets monthly. We welcome everyone to participate in creating the world we want to see! For more information, contact Christie Santos, QAT Chair at christie.santos@edcc.edu or 425.640.1174.

Whatcom County:

Lifelong (Bellingham): <https://www.lifelong.org/> (email: Prevention@lifelong.org)

-Lifelong provides an array of services such as free, confidential HIV testing, free condoms, PrEP navigation, and other services concerning sexual health. They have multiple locations in King, Whatcom, and Snohomish Counties. List of locations and contact information: <https://www.lifelong.org/contact-us-1>

Queer Guide to Bellingham: <http://www.gaybellingham.org/>

- Listings to organizations and other things for GLBTAQ people in Bellingham and Northwest Washington.

Queer Youth Project (Northwest Youth Services): <https://www.nwys.org/lgbtq-support> (Whatcom Office: 360-734-9862)

The Queer Youth Project (QYP) serves lesbian, gay, bisexual, transgender, and queer or questioning (LGBTQ) youth by offering: Family counseling (if desired), Connections to LGBTQ-friendly service providers in the community, Fun social activities, and Trans-Fashion Treasury. Emergency Housing Resources are also available: Minors: 360-393-0116; Young Adults: 360-734-9862.

Whatcom County Library System: <https://www.wcls.org/>

-Discover resources and events in your community. Have a question? You can also ask a librarian for assistance.

Whatcom GLBTQ Youth Group

Contact queeryouthproject@gmail.com for more information on this program.